

2024

# ADVANCES IN DIABETES & OBESITY MANAGEMENT



**FRIDAY**  
**NOVEMBER 8, 2024**

UNIVERSITY OF IOWA  
ART BUILDING WEST (ABW)  
141 N. RIVER DRIVE  
IOWA CITY, IOWA

## OVERVIEW

This one-day interactive conference will include experts covering hot topics in diabetes and obesity and will include discussions with audience members.

## OBJECTIVES

- Discuss the latest guidelines for personalized approach to type 2 diabetes
- Review pertinent literature for diabetes and cardiometabolic directed treatments
- Integrate diabetes treatment paradigms and diabetes technology
- Understand overfed-undernourished phenomenon, root causes of metabolic abnormalities, and impact of lifestyle factors on diabetes and obesity
- Discuss the association between relational trauma and obesity and become competent in identifying health behavior patterns associated with trauma and obesity
- Identify strategies for health behavior change when a patient has a trauma history
- Understand the pathophysiology underlying weight regulation and use of different classes of anti-obesity medications
- Review how to select appropriate medical therapy based on co-morbidities and clinical features
- Discuss the range of new anti-obesity medications which may become available in the future
- Define the current surgical procedures for obesity
- Discuss the expected weight loss outcomes for surgical procedures vs. medical management
- Define the possible complications from each surgical procedure
- Describe the risk factors, natural history, and complications of metabolic dysfunction-associated steatotic liver disease (MASLD)
- Discuss the diagnostic criteria of MASLD and management options for MASLD
- Review ASCVD risk assessment
- Understand statin treatment and goals
- Discuss special considerations such as ASCVD and hypertriglyceridemia, ASCVD and familial hypercholesterolemia and statin intolerance
- Identify strategies to optimize control in specific situations
- Review diagnostic challenges in interpretation of thyroid function tests in the hypothyroid patient.

## ACCREDITATION



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physician:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



**Physician Associate:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 7.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



**Dietitian:** Completion of RD/DTR profession-specific or IPCE activity awards CPEUs (1 IPCE credits = 1 CPEU). If the activity is dietetics related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (1 hour/60 minutes = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Logs. Performance Indicator selection is at the learner's discretion.

**Nurse and Other Health Care Provider:** A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.) Iowa nurses may use participation in ACCME-accredited education toward their CE requirement for licensure.

## REGISTRATION

Physician \$200  
Nurse, Physician Assistant, Pharmacist \$150  
Other Diabetes Health Professional \$100  
Fellow/Resident/Student \$50

All but \$25 of the fee is refundable if inability to attend is made known on or before November 1, 2024. Refunds will not be made after this date.

Parking for off-site visitors is offered by prearrangement at the time of registration.

SCAN OR CLICK  
THE QR CODE TO  
REGISTER TODAY



## PRESENTERS



### **Grazia Aleppo, MD, FACE, FACP**

Professor of Medicine  
Director, NM Diabetes Education Program  
Associate Chief for Clinical Affairs  
Division of Endocrinology, Metabolism and  
Molecular Medicine  
Northwestern University



### **Amie Ogunsakin, MD**

Clinical Assistant Professor, Division of  
Endocrinology and Metabolism  
Department of Internal Medicine  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa Health Care



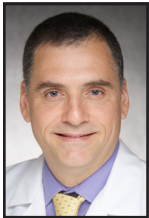
### **Bianca Carlson, PA-C**

Physician Assistant, APP Supervisor, Division of  
Endocrinology and Metabolism  
Diabetes and Endocrinology Clinic  
Department of Internal Medicine  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa Health Care



### **Jacob Priest, PhD**

Associate Professor of Couple and Family  
Therapy  
Clinical Associate Professor, Division of  
General Internal Medicine  
Department of Internal Medicine  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa Health Care



### **Marcelo Correia, MD, PhD**

Clinical Assistant Professor, Division of  
Endocrinology and Metabolism  
Department of Internal Medicine  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa Health Care



### **Kathleen Robinson, MD, PhD**

Associate, Division of Endocrinology and  
Metabolism  
Department of Internal Medicine  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa Health Care



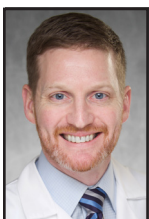
### **Yumi Imai, MD**

Professor, Division of Endocrinology and  
Metabolism  
Department of Internal Medicine  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa Health Care



### **Antonio Sanchez, MD**

Clinical Professor, Division of  
Gastroenterology and Hepatology  
Department of Internal Medicine  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa Health Care



### **Ryan Lehmann, DO, FACS, FASMBS**

Clinical Associate Professor of Surgery,  
Gastrointestinal, Minimally Invasive and  
Bariatric Surgery  
Department of Surgery  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa Health Care



### **Lori L. Schreier, RDN, CDCES**

Clinical Dietitian and Certified Diabetes Care  
and Education Specialist  
Iowa City VA Health Care System



### **Lisa Muncy-Pietrzak, MD**

Medical Director  
Integrative and Whole Health  
Iowa City VA Health Care System

## DISCLOSURE POLICY

University of Iowa Roy J. and Lucille A. Carver College of Medicine adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All relevant financial relationships have been mitigated prior to the commencement of the activity.

